



On the Other Side of Broken - One Cop` Battle with the Demons of Ptsd

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In 2004, Brian Knowler was the first police officer at the scene of a fatal collision. The driver who died was a close friend of Brians and died while Brian was attempting to save his life. For 8 years, Brian hid the physical and psychological effects of that evening while his personal and professional life crashed around him. In 2012, he finally admitted that he had a problem and was diagnosed with PTSD. In the years since then, he has regained control of his life. This book is the story of Brians journey from the fateful night of his friends death to a place where he can now tell the tale of his descent into blackness, and his climb back, with complete candor and honesty. The book also includes a chapter by Brians wife on her experiences as a proud police wife who watched her husband turn into a man she didnt recognize, but fought alongside of him to heal and rebuild their lives. It is the story of one familys trek from the darkness to the other side of broken.